

# PSHE in Key Stage One



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| <b>Pupils will:</b>                          | Develop their PSHE skills through 3 themes: <ol style="list-style-type: none"><li>1. Health and Wellbeing</li><li>2. Relationships</li><li>3. Living in the Wider World</li></ol>   |
| <b>You will see them:</b>                    | <ul style="list-style-type: none"><li>• Name some feelings and talk about some of their positive qualities.</li><li>• Show that they can manage some feelings in a positive and effective way. Begin to share their views and opinions on issues such as 'fairness'.</li><li>• Set themselves simple goals.</li><li>• Make simple choices about their health and well-being and talk about what keeps them healthy.</li><li>• Explain ways of keeping clean and name the main parts of the body.</li><li>• Talk about the harmful side effects or risks of some household products and medicines, and describe ways of keeping safe in familiar situations, e.g. crossing the road safely.</li><li>• Explain that people grow from young to old.</li><li>• Recognise that bullying is wrong and list some ways to get help in dealing with it.</li><li>• Recognise the effect of their behaviour on other people and cooperate with others.</li><li>• Talk about and respect differences and similarities between people.</li><li>• Explain different ways that family and friends should care for one another.</li></ul> |
| <b>Year 1 and Year 2 will learn through:</b> | <p>Creating a class charter to agree on rules and behaviour around school.</p> <p>We follow the school 'THINK' rules, rewards and consequences.</p> <p>Looking at what is happening in the news on Espresso and giving thoughts and opinions on these events.</p> <p>Circle time to outline day to day issues that may occur e.g friendships and relationships.</p> <p>We have weekly discussions linked to our half termly SEAL topic.</p> <p>We also take part in Anti-Bullying week which also includes E-Safety.</p> <p>We are aware of the school ethos WE CARE and understand how that is important in and out of school.</p>   |