

# PSHE in Key Stage Two



'A brighter tomorrow'

<b>Pupils will:</b>	Develop their PSHE skills through 3 themes: 1. Health and Wellbeing 2. Relationships 3. Living in the Wider World
<b>You will see them:</b>	<ul style="list-style-type: none"><li>• Demonstrate that they recognise their own worth and that of others.</li><li>• Express their views confidently and listen to and show respect for the views of others.</li><li>• Talk about positive ways to face new challenges.</li><li>• Discuss some of the bodily and emotional changes at puberty, and talk about some ways of dealing with these in a positive way.</li><li>• Talk about a range of jobs and describe ways to develop skills to work in the future.</li><li>• Explore how to look after and save money.</li><li>• Make choices about how to develop healthy lifestyles.</li><li>• Identify some factors that affect emotional health and well-being.</li><li>• Make judgements and decisions about peer pressure and list some ways of resisting negative peer pressure.</li><li>• List the commonly available substances and drugs that are legal and illegal and describe some of the effects and risks of these.</li><li>• Explain how to manage the risks in different situations.</li><li>• Talk about how their actions have consequences for themselves and others.</li><li>• Describe the nature and consequences of bullying and express ways of responding to it.</li><li>• Describe different types of relationship and talk about ways to maintain good relationships.</li><li>• Challenge negative behaviours such as stereotyping and aggression.</li><li>• Describe some of the different beliefs and values in society and demonstrate respect and tolerance towards people different from themselves.</li></ul>
<b>Year 3 - 6 will learn through:</b>	<p>Our We Care about learning approach including setting up Class Charters.</p> <p>School council and house captains election processes including suggestions boxes.</p> <p>Using Espresso news to keep up-to-date with current affairs nationally and internationally.</p> <p>Discussions and debates in SEAL and other curriculum lessons.</p> <p>Anti-bullying and friendship week.</p> <p>Employment and career activities.</p> <p>Visitors to inform children about wider implications and real life links, for example, cyber-bullying.</p>