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Headteacher: Miss S Sharma Deputy Headteacher: Mr J Sheard Assistant Headteacher: Mrs F Bellenger

Autumn 5	19th November 2021
Friday 19.11.21	Inset Day
Monday 06.12.21	Christmas Day in school
Wk. com - Monday 13.12.21	Christmas Service, parties - more information to follow
Friday 17.12.21	Break-up for Christmas holiday
Tuesday 04.01.22	Reception - Year 6 classes return to school - Spring Term
Thursday 06.01.22	Nursery return to school - Spring Term

# Christmas Day at Wood End - Monday 6th December

Pupils will be able to wear their Christmas jumper on this day for a £1.00 donation to charity. Please pay using your Pay360 account online in the Events section.

Christmas dinner - to ensure that we order enough supplies, please order your child's Christmas meal before Friday 26th November. Please pay/order online using your Pay360 account in the Events section. The cost is £2.20 per meal. If your child receives free school meals, please also order your child's meal online before this date.

Due to supplier issues the menu has changed, the following will now be served:

Chicken, sausage and stuffing Cheese parcel (V)

Carrots, sprouts and gravy

Christmas ice cream pots Christmas cookies



# Dear Parents.

Thank you to all families who sent in donations for the Remembrance Poppy Appeal. Thank you to Year 4 who led Remembrance service for the school this week.

There have unfortunately been restrictions on many events and traditions in school to keep our school community safe from transmission of COVID 19. We are constantly considering which events can take place in a safe manner. We will this year allow children the opportunity once again to bring Christmas cards for their class friends. Organisation of this will be slightly different in school to prevent transmission risks across classes. If you would like your child to bring Christmas cards for friends in their class, these can be sent from Monday 6th December.

We have been provided with free Topps sticker collection albums for our children. If you were intending to collect the UEFA Champions League stickers, please ask your child to request an album from school. These will be free of charge and are available on a first come, first served basis.

After a few weeks of no COVID cases, we unfortunately have had several confirmed reports this week. Further information has been emailed to you about actions to take.

It is also the season of winter illnesses—please note the information overleaf to support you in staying well.

Miss Sharma

Water bottles - could you please ensure that your child brings their water bottle to school every day. We do not have water fountain facilities available at the present time.



If your child has any of these 3 coronavirus (COVID-19) symptoms, even if mild, please book a polymerase chain reaction (PCR) test for them as soon as possible:

- a high temperature
- a new, continuous cough
- Loss of or change to their sense of smell or taste

They will need to isolate until negative result of PCR test is received (Lateral Flow test results will not be accepted as an alternative)

If children present with symptoms at school you will be contacted to collect them and arrange a PCR test before they can return. (it is essential that we have up to date contact numbers in the event of an emergency)

## IN ADDITION, DUE TO HIGH CASE LEVELS IN THE CITY, THE PUBLIC HEALTH TEAM HAVE ADVISED SCHOOLS....

that any pupil unwell enough not to attend school for any illness (even if not a typical Covid symptom) also accesses a PCR test or not attend school for 48 hours after symptoms stop.

#### Stay well this winter

There are a number of things we can all do to <u>stay well this winter</u> and protect your loved ones including getting your winter vaccinations and using the NHS 111 service first for any urgent medical need.

Each month we will be highlighting important winter messages from the NHS to help you and your family this winter. Read and visit the web links below to find out more.

## Need urgent care but unsure where to go? Think NHS 111 first

NHS 111 provides you with a convenient way to get the right help or advice when you have an urgent but non-life-threatening health concern. It is available 24 hours a day, 7 days a week, online and by phone. If necessary, they can arrange for you to speak to a healthcare professional, including nurses, emergency dentists, or even GPs. Find out more.

## Be aware of the signs of respiratory illnesses in young children

Parents are being encouraged to look out for the signs of respiratory illnesses in young children and babies - and know when it's time to seek medical help. Respiratory Syncytial Virus (RSV) is a common virus that spreads primarily through young children, causing cold-like symptoms and coughs. In most cases RSV will cause mild illness, but in young children and babies it's the most common cause of bronchiolitis - which can make it hard for them to breathe. Listen to Dr Tania Hussain explain the illness, signs, symptoms and offer helpful advice

#### At home or on the move access a range of services on the NHS app

The NHS app is designed to help people get more information about their health and care and gain more control of how they use NHS services. You can conveniently order repeat prescriptions, view your GP medical records, manage appointments at your GP surgery and view your COVID-19 vaccination status. Download it for free from the Google Play Store or Apple Store. Find out more.

### Get your winter vaccines

The NHS is encouraging people to 'Boost your immunity this winter' and get the Flu and Covid Booster vaccinations.

Unfortunately COVID-19 has not disappeared, and it is also possible that more people will catch flu compared with last winter when COVID-19 restrictions were in place. Therefore there is no better time for you to consider the vaccinations you need to protect you this winter.

### **Covid-19 Booster**

We know vaccines give high levels of protection, though immunity naturally reduces over time, so it is vital for you, if you are eligible, to come forward to get your COVID-19 booster vaccine to top-up your defences and protect yourself and your family members this winter.

You will be invited to get your COVID-19 booster jab if you are:

- Over 50
- A frontline health and social care worker
- An older adult in a residential care home
- Aged 16-49 with an underlying health condition which puts you at greater risk of severe COVID
- An adult sharing a home with vulnerable people

If you have not been contacted within a week of reaching six months since your second jab and you fall into one of the above categories, you can either call 119, book yourself an appointment online via the <a href="National Booking System">National Booking System</a> or attend one of our friendly <a href="walk-in clinics">walk-in clinics</a>.

The offer of a first and second COVID-19 vaccine also remains open to those eligible, and if you have a child who is aged between 12-15, we are now offering them first jabs on the National Booking System too.

# Flu Vaccine

Those who are eligible for a free flu vaccine are encouraged to book your flu vaccine alongside your COVID-19 jab. You can book an appointment through their GP surgery or local pharmacy.

## Those eligible for the free vaccine are:

- all children aged 2 to 15 (but not 16 years or older) on 31 August 2021
- those aged 6 months to under 50 years in clinical risk groups
- pregnant women
- those aged 50 years and over
- those in long-stay residential care homes
- carers
- close contacts of immunocompromised individuals
- some frontline health and social care staff